

# Appendix 4: FLASH Curriculum Overview

4/5/6	7/8	Special Education: Secondary
<ul style="list-style-type: none"> <li>1. Introduction</li> <li>2. Family</li> <li>3. Self-Esteem *</li> <li>4. Sex Roles *</li> <li>5. Friendship *</li> <li>6. Decision-Making *</li> <li>7-8. Sexual Exploitation *</li> <li>9-10. Puberty</li> <li>11-12. Reproductive System</li> <li>13-14. Pregnancy</li> <li>15-16. HIV/AIDS 4/5<sup>th</sup> grade *</li> <li>17-18. HIV/AIDS 5/6<sup>th</sup> grade *</li> <li>19. Review &amp; Resources</li> </ul>	<ul style="list-style-type: none"> <li>1. Introduction</li> <li>2. Puberty</li> <li>3. Sexual Health &amp; Hygiene</li> <li>4-5. Sexually Transmitted Diseases</li> <li>6-7. Reproductive System</li> <li>8-9. Pregnancy</li> <li>10-11. Decision-Mkg. &amp; Teen Parenthood *</li> <li>12-13. Touch &amp; Abstinence *</li> <li>14. Birth Control</li> <li>15. Resource People</li> <li>16. Communication: The Basics *</li> <li>17. Asking Honestly for What You Want *</li> <li>18. Taking "NO" for an Answer *</li> <li>19. Saying "NO" *</li> <li>20. Defending your Rights *</li> <li>21-22. HIV/AIDS 7<sup>th</sup> grade *</li> <li>23-24. HIV/AIDS 8<sup>th</sup> grade *</li> </ul>	<ul style="list-style-type: none"> <li>1. Introduction</li> <li>2. Public &amp; Private *</li> <li>3. Self-Esteem *</li> <li>4. Gender Identification</li> <li>5. Families</li> <li>6. Friendship &amp; Dating *</li> <li>7. Helpers, Acquaintances, Strangers *</li> <li>8. Non-Verbal Communication *</li> <li>9. Assertiveness *</li> <li>10. Asking for What You Want *</li> <li>11. Hearing "NO" *</li> <li>12. Saying "NO" *</li> <li>13. Decision-Making *</li> <li>14. Touching (exploitation) *</li> <li>15. Exploitation &amp; Getting Help *</li> <li>16. Anatomy</li> <li>17. Puberty</li> <li>18. Sexual Health &amp; Hygiene</li> <li>19. Reproduction</li> <li>20. Pregnancy</li> <li>21. Parenthood</li> <li>22. Sexual Decision-Making *</li> <li>23. Contraception *</li> <li>24. Germs &amp; Risks</li> <li>25. Sexually Transmitted Diseases</li> <li>26. HIV/AIDS *</li> <li>27-28. Resources &amp; Review</li> </ul>
<ul style="list-style-type: none"> <li>▪ Physical Aspects of Sexuality (in red)</li> <li>▪ Psychosocial Aspects of Sexuality (in green)</li> <li>▪ Learning to Access Resources (in blue)</li> </ul>		
<p>* building blocks for abstinence</p>		

## High School

### CORE Lessons

1. Making a Sex Ed Learning Community
2. Reproductive System
3. Pregnancy
4. Gender Stereotypes \*
5. Healthy Relationships \*
6. Sexual Violence Prevention \*
7. Lesbian, Gay, Bisexual & Transgender Youth \*
8. Deciding When to Become a Parent \*
9. Abstinence \*
10. Birth Control Methods \*
11. STD Prevention \*
12. HIV Prevention (see 4 options below)
13. Talking with Partners about Prevention \*
14. Student Research Reports \*
15. Student Questions \*

### HIV Lessons

- 12a. HIV: Focus on Barriers (9th grade) \*
- 12b. HIV: Focus on Disparities (10th grade)
- 12c. HIV: Focus on Testing (11th grade)
- 12d. HIV: Review & Focus on Communication (12th grade) \*

### ENRICHMENT Lessons

16. Sex: Myths, Facts, Feelings & Values \*
  17. Uncovering the Facts About Adoption, Abortion & Teen Parenthood
    - Pregnancy Prevention (in red)
    - Sexually Transmissible Disease (including HIV) Prevention (in purple)
    - Sexual Exploitation Prevention (in green)
  18. STD Risk & Vulnerability \*
  19. Digital Communication & Safety
- Learning to Access Resources – including their families – is a key part of FLASH. At high school it is also accomplished through student research followed by oral reports to the class. (in black)

This appendix was most recently edited January 20, 2011.

\* building blocks for abstinence